

Information on Youth Health Care provided by the *GGD Zuid Limburg* (South Limburg Area Health Authority)

General

Every child aged between 4 and 19 years attending school in one of the municipalities in the region of South Limburg is entitled to a basic package of preventative care offered by the department of youth health care at the Area Health Authority (GGD). This basic package is compiled by all the municipalities in the region that fund the *GGD Zuid Limburg*. The basic package comprises amongst other things a number of preventative health checks, vaccinations and advice/education aimed at protecting and promoting the health of the children.

The experts at the Area Health Authority, such as paediatricians, paediatricians' assistants, youth nurses and speech therapists jointly try to prevent diseases, physical defects and problems or to at least detect them at as early a stage as possible.

In this regard, they not only pay attention to physical health; they also look at the child's home life, performance at school and the interaction with friends. Youth health care is therefore primarily aimed at preventing health problems.

Youth health care devotes attention not only to individual children but also to children and youths as a group, with specific problems. By collating research data, for example, the developments within a group in the region can be detected and tackled quickly.

The Area Health Authority advises on health promotion and education, bed-wetting, bullying and emotional & social resilience, and preventing and combating infectious conditions at school (e.g. head lice).

Research programme for the 2009-2010 school year

- Preventative health check for 5-year olds
- Preventative health check for 10-year olds
- Preventative health check for second-year pupils in secondary school
- Preventative health check for Special Education: A health check is carried out on children in special schools upon admission, and thereafter roughly every three years.
- Vaccination: Children born in 2001 are vaccinated on a mass scale against Diphtheria-Tetanus-Polio (DTP) and against Mumps-Measles-Rubella (BMR). Girls born between 1 January 1997 and 31 August 1997 will be vaccinated against HPV (human papillomavirus, which can lead to cervical cancer).
- Contact moment for 16-year-olds: a classical questionnaire.

In addition, parents and/or teachers with any questions or problems can contact the youth health care department of the Area Health Authority themselves.

Karen de Klerk, paediatrician

Cindy Dukers, doctor's assistant

E cindy.dukers@ggdzl.nl

T +31 (0)43 - 8506 719

Available: Mondays to Wednesdays, and Thursdays every other week (even weeks)

General data

Address	<i>GGD Zuid Limburg</i> (South Limburg Area Health Authority), Youth Health Care department Postbus 2022, 6160 HA Geleen, The Netherlands
Telephone	Maastricht site: +31 (0)43 - 85 06 734
Website	www.ggdzl.nl

E-mail

infojgz@ggzl.nl